



RULES OF THE ROAD

LANE CHANGING AND TURNS

Positioning for turns

- Before a turn: scan, signal and move into the lane that leads to your destination
- Ride in the right third or middle of the lane, as lane width dictates
- Keep in mind the relative speed between you and other traffic; plan accordingly

Avoiding turn lanes

- If your lane turns into a right turn only lane, change lanes before the intersection
- Changing lanes too late could result in an overtaking motorist turning in front of you
- Maintain a constant position relative to the curb or shoulder during a turn

Beware of blind spots

- Many drivers do not expect to see cyclists on the roadway
- Do not ride next to another vehicle unless you are in a different lane or passing
- If you can't see bus, truck or car mirrors, drivers can't see you

Signaling

- Signal your intention to turn or change lanes if your speed is near other traffic
- Left arm out and down with palm to the rear to indicate stopping
- Left or right arm straight out to indicate left or right turn

Scan

- Constant identification of potential hazards in front and behind as well as to each side
- Scanning allows you to avoid dangerous situations before they happen
- Scan for motorists, road conditions, pedestrians, animals, traffic signals

Act

- Relative speed may require you to move quickly and decisively when it is safe to do so
- In high speed overtaking traffic situations, cross all lanes at once when safe
- Move after signaling in low- and same-speed traffic situations

Improvise

- If you get caught between lanes while crossing traffic, ride the white line until clear
- Ride to red light then move to left turn lane if volume and speed do not allow crossing
- Your safety is paramount while changing lanes; if traffic is too heavy, use crosswalks

For more
cycling tips, visit
bikeleague.org

